Referral Guidance

- Please note in order for the ADHD service to be able to start the assessment process the referral form needs to be completed in its entirety and sent in to us.
- You can submit this form either electronically by emailing it to refertoalderhey@nhs.net
- Or by post to the following address:

Referrals, Alder Hey Children's NHS Foundation Trust, Eaton Road, L12 2AP

- All referrals will need to be generated in collaboration with the Child or Young Person's school and with the support of Teachers and Special Educational Needs Coordinators. For those children who are Elective Home Educated, please liaise with the appointed EHE School Nurse.
- For the best outcome for the Child or Young Person, the form should be completed by a person who knows the child well and sees them on a regular basis i.e. a Teacher and/or Teaching Assistant
- Please note if the evidence is not received in totality or does not meet the criteria we will be unable to progress with the referral and the referral will be rejected.
- The 'Comment/Example' section on each question if completed will increase the likelihood of a child or young person progressing swiftly onwards through the assessment process to conclusion of diagnosis or non-diagnosis.
- Please refer Parents/Carers to our website for more information on our service and ADHD in general.
- If you are a GP and trying to refer to the ADHD assessment service you will need to signpost your patient/parent/carer to the school/Special Educational Needs Coordinator/other relevant member of staff to ensure the required evidence is made available.
- For further guidance on completing this form, please email <u>ADHDQueries@alderhey.nhs.uk</u>

It should be noted that as an ADHD assessment service we do not accept referrals regarding:

- Continence issues/constipation.
- Exclusively social and emotional difficulties.
- Dyslexia/dyscalculia
- Social communication, sensory or other autistic traits. These need to be referred to the Autistic Spectrum Disorder Service.
- Exclusively sleep-related problems

Alder Hey ADHD Asse <u>This form is to be co</u> <u>appropriate member</u> <u>with pare</u>	Date					
Patient Details	NHS No/ AH	number	if known			
Name						
DOB			Age		Gende	r
Address						
Postcode	Telephon			e		
Language (if not English)	Translato			r Needed		
Parent/Carer Email Address						
Social Status	Looked After Child	Child Protection Plan □		Child In N	leed	EHAT

GP Name	Practice Name	
Address		
Postcode	Telephone	

Referrer Details of SENCO/School Nurse/Relevant Professional

School Name		Year	
		group	
Your Name		Role	
Postcode	Telephone	9	
Named School Nurse (if known)	Contact D	etails	

Reason for Referral

Neurodevelopmental Behaviour Disorder – Concerns regarding the possibility of:							
	ADHD						
Does child/young person also have any other confirmed diagnosed for conditions regarding the possibility of:							
Autism	Genetic Syndr	Genetic Syndrome Developmental Delay Other					
Other Agencies	EHAT/Early Help		CAMHS	Sp	eech and Language		
Involved:							
Educational	Physiotherapy	Occu	pational Therapy		Social Services		
Psychology							
Other							

		Но	me	School				
Attention Questions	Not at all	Just a little	Quite a bit	Very Much	Not at all	Just a little	Quite a bit	Very Much
Often fails to give close attention to details or makes careless mistakes in schoolwork, at work, or with other activities								
Comment/Example:								
Often has trouble holding attention on tasks or play activities.								
Comment/Example:								
Often does not seem to listen when spoken to directly								
Comment/Example:								
Often does not follow through on instructions and fails to finish schoolwork, chores, or tasks (e.g., loses focus, side- tracked).								
Comment/Example:								
Often avoids, dislikes, or is reluctant to do tasks that require mental effort over a long period of time (such as schoolwork or homework).								
Comment/Example:								
Often loses things necessary for tasks and activities (e.g. school materials, pencils, books, tools, wallets, keys, paperwork, eyeglasses, mobile telephones).								
Comment/Example:								
Is often easily distracted, even from things they enjoy doing								
Comment/Example:								
Often has trouble organising tasks and activities.								

Comment/Example:				
Often is forgetful in daily activities				
Comment/Example:				

		Home				School				
Hyperactivity and Impulsivity Questions	Not at all	Just a little	Quite a bit	Very Much	Not at all	Just a little	Quite a bit	Very Much		
Often fidgets with or taps hands or feet, or squirms in seat.										
Comment/Example:										
Often leaves seat in situations when remaining seated is expected.										
Comment/Example:							<u> </u>			
Often runs about or climbs in situations where it is not appropriate (adolescents or adults may be limited to feeling restless).										
Comment/Example:										
Often unable to play or take part in leisure activities quietly.										
Comment/Example:										
Is often "on the go" acting as if "driven by a motor".										
Comment/Example:										
Often talks excessively										
Comment/Example:						ł		1		
Often blurts out an answer before a question has been completed.										
Comment/Example:										
Often has trouble waiting his/her turn.										
Comment/Example:										
Often interrupts or intrudes on others (e.g., butts into conversations or games)										
Comment/Example:										
From ADHD Rating Scale-IV: Checklists, Norms, and Clinical Interpretation. ©1998, George J. DuPaul, Thomas J. Power, Arthur D. Anastopoulos, and Robert Reid. Reprinted with permission from The Guilford Press, New York.										



Additional Questions

1	Does the student present with any difficulties when transitioning to the classroom?	Comment/Example (if yes)
	Yes 🗆 No 🗆	
2	Is the student often late for lessons/class?	Comment/Example (if yes)
3	Yes No Does the student have/prefer a	Please give the reason for this.
	specific seating place within the classroom?	
	Yes 🗆 No 🗆	
4	Does the student attend smaller student work groups?	Please give the reason for this.
	Yes 🗆 No 🗆	
5	Does the student receive any extra support within the classroom for example one-to-one?	Please give the reason for this.
	Yes 🗆 No 🗆	
6	Does the student depend on the support of staff more than his/her peers?	Comment/Example (if yes)
7	Yes No	Comment/Evennele (if yee)
7	Does the student depend on the support of their peers (please consider whether the student will observe their peers to see what they are doing before they are able to get on task or whether they can do this independently from the instructions from the teacher).	Comment/Example (if yes)
	Yes D No D	
8	Is the student able to wait patiently or queue in situations that they are expected to, for example lunch times, waiting for equipment, waiting for their turn during a fun activity? Yes \Box No \Box	Comment/Example (if yes)

9	If the child or young person is given a number of tasks at the same time, would they complete them	Comment/Example
	all? Yes □ No □	
10	Were there any concerns raised in the student's last school report from previous teachers?	Comment/Example (if yes)
	Yes 🗆 No 🗆	
11	How many students are there normally in the classroom?	
12	How many staff are there normally in the classroom?	
13	Is there evidence of Low Mood, Anxiety or Emotional Difficulties? Yes No	Brief Description (if yes)
14	Please list any other concerns that may be relevant to this referral, such as sleep difficulties, trauma, significant life events etc.	
15	Please include any interventions you may have tried to mitigate behaviours or any parental courses you have attended.	



Consent

I can confirm that the child's parent/carer has given me verbal consent for a referral to the Developmental Paediatric Service and that the department can request information from other agencies involved prior to the first appointment.

Signed.....

Date.....

I have also enclosed copies of the following reports or assessments that may support the assessment and any relevant information regarding the child from other agencies with this consent form. Please tick those that apply:

EHCP 🗆

Educational Psychology Report

QB Check

Upon review of the referral form, we will either accept referral or contact the referrer to outline reasons the referral was not accepted and suggest alternative route/service.

Referrer, parent/guardian, GP and school nurse team will be copied into all correspondence.