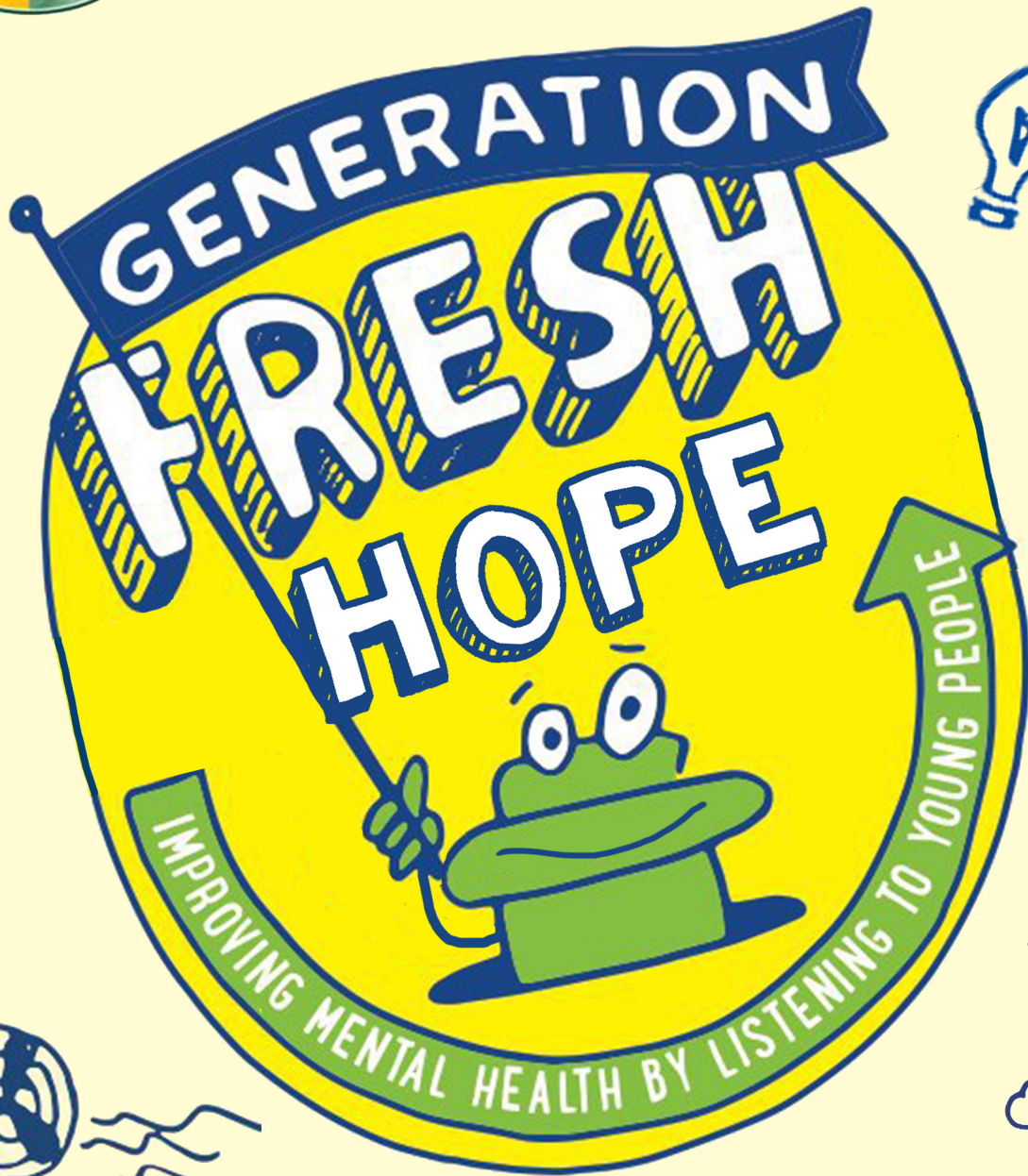




Alder Hey Children's **NHS**
NHS Foundation Trust



An invitation to a one day
EDUCATION & MENTAL HEALTH CONFERENCE
FRIDAY 22nd JUNE 2018
Hope School



Dear Colleague...



We would love to invite you to our second Generation FRESH Conference entitled **FRESH HOPE**. It is set to be a day of inspiration and a call to action to think differently about how we can keep schools inclusive and avoid exclusions.

This conference is a collaboration between FRESH CAMHS at Alder Hey & Hope School. During the day we'll kickstart a narrative of fresh hope for the generation of young people currently accessing education; particularly those who are struggling to because their behaviour challenges us. We'll invite you to think beyond traditional concepts of behaviour management strategies & we'll introduce ideas aimed at understanding & responding to students with difficulties in a helpful & compassionate way: promoting self-awareness, self-control & acceptance of responsibility for our own actions.

This conference will be of interest to any professional working with young people who are of school age. Each delegate will get the opportunity to engage in the following workshops:

1. **Practical Approaches to Include All Children:** *Excluding exclusion options*
2. **Looking After Your Own Mental Health:** *Chill out or burn out*
3. **The PACE Approach:** *Playfulness, Acceptance, Curiosity & Empathy*
4. **Sensory Issues in Education:** *Looking beyond what you can see*

Delegates will also hear from specialist mental health & education professionals aiming to share best practice & create hope for change.

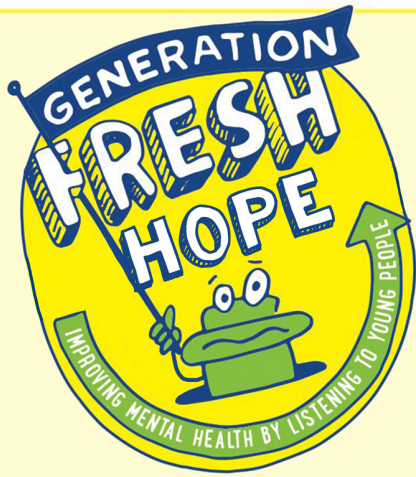
The FRESH CAMHS Team is based at Alder Hey Children's NHS Foundation Trust & accepts referrals for children aged 0-18. The team consists of a range of skilled & experienced professionals offering a multidisciplinary service to children, young people, families & professionals across the whole spectrum of presenting mental health difficulties. A large part of FRESH CAMHS work is with local education providers : skilling up frontline staff & offering pre-referral, early intervention for children in need of mental health support.

Hope School is an 'outstanding' special school for pupils with Social, Emotional & Mental Health difficulties. Pupils range from 5-13 & the school is unique because of their non-exclusion policy: no child is ever excluded. Hope is a busy but friendly school offering an attachment-friendly community, which fosters warmth with high boundaries so that all can achieve to their full potential. The Hope motto is...



IF I TRY, I CAN





Date: 22nd June 2018

Venue: Hope School
251 Hartsbourne Av, L25 2RY

PROGRAMME

0930 Arrivals & Registration

1000 Welcome & Introduction - Mr Rohit Naik, Head Teacher

1030 There's no such thing as naughty - Dr Simon Lewis & Dr Ruth O'Shaughnessy
Clinical Psychologists

1130 BREAK & Refreshments

1145 Workshops 1 & 2

1. Practical Approaches to - Mrs Maxine O'Neill, Deputy Head Teacher
Include All Children
2. Looking After Your Own - Dr Jo Potter, Clinical Psychologist,
Mental Health

1315 LUNCH

1400 Workshops 3 & 4

3. The PACE Approach - Hope School & Alder Hey Fresh CAMHS Staff
4. Sensory Issues in Education - Clare Ewart, Occupational Therapist

1530 The Message of Hope - Plenary & Reflections

1600 CLOSE

BOOKING



Early booking is recommended as places are limited. Cost: **£110**

Please book via contacting Hope School:

m.boddison@hope-school.co.uk

0151 363 3130

If you have any enquiries about the day please contact Dr Simon Lewis on

0151 293 3662

If you have any special dietary or accessibility requirements,
please let us know at point of booking.