



**YPAS is SEEKING TO RECRUIT .....**



**A Team of  
Trainee Cognitive Behavioural Therapists (CBT)**

Established in 1966; the Young Persons Advisory Service (YPAS) is a Liverpool based Youth, Information, Advice and Counselling Service (YIACS). The charity provides a wide range of support and therapeutic interventions to address the mental health and emotional well-being needs of children, young people and families.

YPAS is seeking to recruit a team of professionally qualified practitioners who have experience of working with the mental health and emotional well-being difficulties of children and young people. This is an excellent 12 month professional development opportunity that will:

- 1) Fund the academic training
- 2) Fund the salary

**Training Overview:**

Postgraduate diploma in CBT, validated by the University of Manchester part of the national Improving Access to Psychological Therapies (IAPT), and is validated by the British Association of Behavioural and Cognitive Psychotherapy (BABCP) at level 2.

It is a full time multi-disciplinary programme. The aim of the training is to develop clinical skills and theoretical knowledge in formulation-based cognitive and behaviour therapy interventions.

The training meets all the requirements of the CBT Competencies framework (Roth & Pilling, 2007, [www.ucl.ac.uk/core/CBT\\_framework.htm](http://www.ucl.ac.uk/core/CBT_framework.htm)) and the IAPT National Curriculum for High Intensity Therapists (Department of Health, 2008, revised 2011, <http://www.iapt.nhs.uk/workforce/high-intensity>) The programme is grounded in evidence based practice and is informed by the latest advances in clinical and experimental research. The attainment of clinical competence is measured by validated assessment tools.

**Course Entry requirements:**

<b>Postgraduate Diploma in Evidence-Based Psychological treatments for CBT (Cognitive Behavioural Therapy)</b>	
Academic	<ul style="list-style-type: none"> <li>• Relevant Honours Degree graded at 2.2 or above <i>or</i>;</li> <li>• Successful completion of pre-entry essay, which is marked at Masters level, prior to acceptance on training programme.</li> </ul>
Professional	<ul style="list-style-type: none"> <li>• Core profession as defined by BABCP. Please see <a href="http://www.babcp.com/Accreditation/Core-Profession.aspx">http://www.babcp.com/Accreditation/Core-Profession.aspx</a> for a list of core professions, <i>or</i>;</li> <li>• Completion of KSA (Knowledge, Skills and Attitudes) portfolio.</li> <li>• Membership of the BABCP if undertaking the KSA route.</li> <li>• Access to appropriate cases during and after training.</li> </ul>
<b>NOTE:</b> Applicants must have a relevant degree and/or a core profession. Students cannot be accepted onto any training programme if they are currently undertaking studies elsewhere or registered with another university.	

**Location of Training:** Psychological Therapies Training Centre, Greater Manchester West, Mental Health NHS Foundation Trust (2 days per week)

**Location of Placement:** Young Persons Advisory Service - Liverpool (3 days per week)

**Scope:** The training posts are aimed at Social Workers, Occupational Therapists and Registered Mental Health Nurses with 3 years post qualified experience to work across 3 Liverpool based Community Hubs.

Additionally, practitioners with a differing core profession from those listed above e.g. Youth Workers, Counsellors, IAG Workers etc. with a minimum of 4 years' experience of working with children, young people and families may also apply through the KSA (*Knowledge, Skills and Attitude*) route defined by the BABCP (*British Association Behavioural Cognitive Psychotherapies*) - <http://www.babcp.com/Accreditation/Core-Profession.aspx>

<b>Post</b>	CBT Trainee ( <i>Training post</i> )
<b>Salary</b>	NJC point 26 - £23,866
<b>Contract</b>	Fixed term (1 year). <i>Secondments will be considered.</i>
<b>Hours</b>	35 hours per week
<b>Closing Date</b>	23/11/18 (12pm)
<b>Short listing</b>	23/11/18
<b>Interviews</b>	29/11/18
<b>Post commences</b>	04/01/19
<b>Training commences</b>	TBC

For an application pack please email [recruitment@ypas.org.uk](mailto:recruitment@ypas.org.uk) or for further information please contact Valerie O'Donnell (*Senior Operational Manager*) 0151-702 6083 [val@ypas.org.uk](mailto:val@ypas.org.uk)

YPAS is committed to Safeguarding and promoting the welfare of children, young people and families and expects all staff to share in this commitment.

***We aim for quality services and equal opportunities for all***