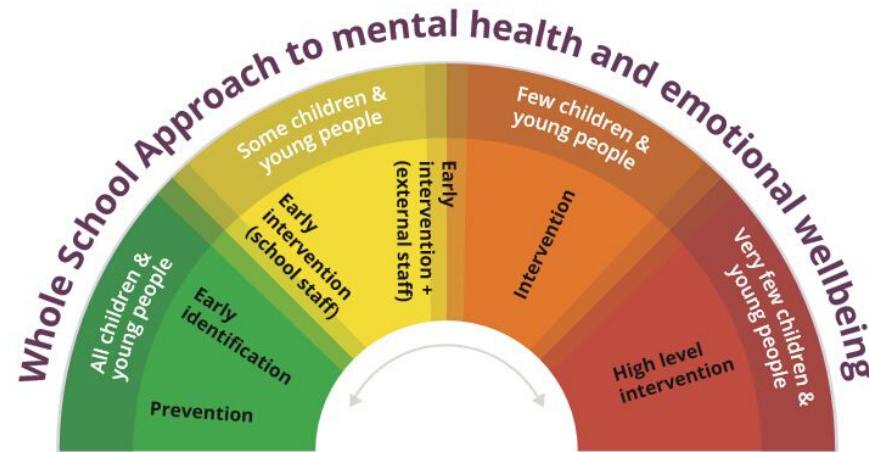


COVID-19 School Recovery Liverpool CAMHS Whole School Approach (WSA) Support

CAMHS school-facing mental health support available from June 1st, to the end of the 2020 Summer-term.



Primary School Children - All Years

All Children

Merseyside Youth Association's bitesize CPD training offered for all staff & mental health leads.

Transition back to school booklets.

WSA city-wide resource padlet.

Mental health resources and news updates through the [Liverpool CAMHS website](https://www.liverpoolcamhs.nhs.uk/).

Some Children

Mental Health Support Team (MHST) consultation available through allocated YPAS hubs.

MHST referral for 1:1 support (phone & video consultations /sessions) for low-level anxiety, low-mood, phobias, or behaviour difficulties (only for pilot and phase-one schools – EOI for phase-two schools to be launched).

Psychoeducation workbook available for mental health leads/mentors or parents/carers to work through with children (either with small groups or individuals).

YPAS Parent Information Advice Guidance referral for support (video/telephone call/virtual groups, or allocated YPAS hubs) speak to your MHST.

Few Children

Seedlings referral for 1:1 support (telephone support sessions will be offered).

Very Few Children

Fresh CAMHS SPA referral

Year 6 primary children

All Children

Youth Connect 5 (YC5) in Transit - delivered by Merseyside Youth Association and YPAS.

Some children will need extra support to help them to settle back into school and adjust to what has happened during lock-down. They may be experiencing a lot of worries, feeling sad or struggling to regulate their emotions. They may find it harder to manage their behaviour or establish positive sleep patterns and some may have experienced bereavement. With these children it's really important that we spot early signs of difficulties and provide some early intervention and support to prevent them from developing further.

The lock-down may have caused a few children to experience further mental health difficulties and they may require additional support and therapeutic intervention. This may be through counselling, play-therapy, CBT or support for parents/carers. Children may also need wider support and an EHAT could be required.

All children are going to need some support with the transition back to school from home-learning. They will need time to re-establish relationships with their peers and staff, adapt to the new socially distanced school routine and adjust to being outside of their home. They will need opportunities to think about and discuss their feelings and face any fears associated with coming back to school.

A small number of children may have complex mental health difficulties that have escalated or developed during lock-down and require specialist clinical teams to provide high-level intervention for them and their family. If children are at crisis point the crisis team should be contacted.



Some Children

YC5 in Transit parents/carer online groups - delivered by Merseyside Youth Association and YPAS.

Support programme for Summer Schools (Subject to them running).

Kooth online counselling available for children aged 10+.

MHST consultation available through allocated YPAS hubs to determine most appropriate referral/support pathway.

Parent Information Advice Guidance referral for support (video/telephone call/virtual groups).

Few Children

MHST consultation available through allocated YPAS hubs to determine most appropriate referral/support pathway.

Very Few Children

Fresh CAMHS SPA referral

Please visit the [Liverpool CAMHS Website](https://www.liverpoolcamhs.com) for the full and most up-to-date CAMHS offer, including support for Neurodevelopmental Conditions and Young Carers.