



**20:20 Vision**

Seeing the world  
through babies' eyes

#IMHAW2020

**FRESH CAMHS invites you to join in**

**Infant Mental Health Awareness Week**

**The theme this year is 2020 Vision: Seeing the world through babies' eyes.**

We are hosting the following online or virtual webinars open to all Liverpool professionals supporting babies, children and their parents and families.

**Available from Monday 8th June 1001 Critical Days**

Dr Claire Barrie & Dr Emma Dandy (Clinical Psychologists)

A chance to watch our core training highlighting the importance of a child's first 1001 days for their development. If you would like to see this condensed one hour session, please email [Emma.Dandy@alderhey.nhs.uk](mailto:Emma.Dandy@alderhey.nhs.uk) and you will be sent a link to view this in your own time at your convenience.

**Thursday 11th June 12-1pm Can we play our way through COVID-19?**

Jackie Lunt (Psychotherapist/ Social Worker) & Dr Karen Poole (Clinical Psychologist)

This workshop originally designed for parents is aimed at early years staff who can then cascade this in their work with families. It is an online seminar with a limited number of places. To book your place, please email [Karen.Poole@alderhey.nhs.uk](mailto:Karen.Poole@alderhey.nhs.uk).

**Friday 12th June 2-3pm Supporting parents to see the world through babies' eyes**

Dr Helen Honor (Clinical Psychologist) & Beth Ward (Trainee Clinical Psychologist).

An introduction to developing mentalizing skills in parents and yourselves, helping parents to see the world through their child's eyes and so develop secure relationships.

This is an online seminar with a limited number of places.

To book your place, please email [Helen.Honor@alderhey.nhs.uk](mailto:Helen.Honor@alderhey.nhs.uk).

We will be tweeting each day so follow TeamFRESH @FRESHCAMHS with hashtags

#IMHAW20 and #First1001Days.

We will also be posting resources and short videos on the Alder Hey CAMHS website so please visit [www.alderhey.nhs.uk/services/camhs](http://www.alderhey.nhs.uk/services/camhs)