

CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH NEEDS ANALYSIS

PROVIDER DEMAND - ALL PARTNERS JUNE

LCCG Activity within the following CAMHS services: YPAS, ADDvanced Solutions Community Network, ADHDF, Kooth, Alder Hey Routine and Alder Hey MHST (Mental Health Support Teams).

View April's [Infographic here](#)

View May's [infographic here](#)

919

Referrals

2,751

Children and young people accessing services

364

Parents accessing services

Top Three Presenting Themes



• Family relationship breakdown



• Low mood/depression



• Anxiety

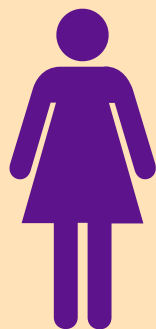
Alder Hey Children's 
 NHS Foundation Trust

24/7 Crisis Care Team JUNE

264
Calls

39%
from professionals

61%
from CYP/
parents & carers

 **70%**

 **30%**

Main age group of callers is 13-18 years
 Main presenting themes:

Anxiety * self-harm * suicidal ideations
 conduct behaviour

Increased requests for support from children and young people to crisis service not previously known to CAMHS

CYP Eating Disorder

164



CYP access - 11% increase to pre-COVID-19

Over teams and face-to-face

Increased complexity of children and young people presenting with eating disorders.

Presenting Themes

CYP

- Anxiety (returning to school, exams, family)
- Emotional difficulties
- Sleeping difficulties
- Separation/Loss
- Eating difficulties
- Feeling trapped/cabin fever
- Family relationship breakdown
- Low mood

Parents/Carers

- Anxiety (Covid-19, school return)
- Guilt (feeling inadequate to support CYP)
- Managing routines
- Managing CYP's behaviour
- Work
- Money