

# Talking Adverse Childhood Experiences (ACES) with CAMHS: Trauma Informed Thinking for Practice



"Working towards a sense of felt safety for children, families, schools and communities"



This FREE conference is via Microsoft Teams Platform Dates:

Monday 1<sup>st</sup> Feb – Friday 5<sup>th</sup> Feb 2021

Bookings via email: Nicola.Woolrich@alderhey.nhs.uk





This week of events to celebrate Child Mental Health Week 2021 is brought to you by Liverpool CAMHS and is free of charge.

### **Monday 1st Feb**

| <u>9.30 am</u>  | Welcome and Housekeeping<br>Jackie Lunt – Clinical Lead Sefton Schools MHST   |
|-----------------|---|
| <u>9:40 am</u>  | Lisa Cooper – Director of Community and Mental Health Services  |
| <u>10:00 am</u> | ACEs History and Background– ACEs poster  Jackie Lunt – Clinical Lead for Sefton Schools MHST   |
| <u>10.30am</u>  | Violence Reduction Unit – Tackling ACEs  Alan Walsh – Violence Reduction Coordinator  |
| <u>10.45 am</u> | 10 min comfort break  |
| <u>10.55 am</u> | Video Interactive Guidance  Dr Helen Honor — Clinical Psychologist — Liverpool CAMHS  Claire Buckley — Specialist Practitioner — Liverpool CAMHS          |
| <u>11.40 am</u> | The Impact of Trauma on the Brain and Body  Laura Willets – Clinical Psychologist – Liverpool CAMHS   |
| <u>12.15 pm</u> | 30 min lunch  |
| <u>12.45 pm</u> | Lighthouse Parenting Group Intervention  Dr Helen Honor — Clinical Psychologist — Liverpool CAMHS  Dr Kim Embra — Clinical Psychologist — Liverpool CAMHS |

View from Community Paediatrics

Dr Rebecca Stevenson

5 mins comfort break

1.15 pm

2:00pm

# Monday Continued...

<u>2.05 pm</u> Interrupting Intergenerational Transmission; Making our Baby's Experience

Better than Our Own

Dr Michael Galbraith - Clinical Psychologist and Family Therapist -

Parent and Baby Relationship Service – PSS Liverpool.

3:00 pm 5 mins comfort break

3.05 pm TBC

Dr Natalie Holman – Clinical Psychologist – Clinical Health Psychology

3.50 pm Closing Remarks

4:00 pm Close Conference and Good Bye

### **Tuesday 2nd Feb**

9:30 – 11:00 am ACT (Acceptance and Commitment Therapy)

Dr Naomi Mackett - Clinical Psychologist - Liverpool CAMHS

3:15 – 4:15 pm An Introduction to Self Soothe – Training Taster

*Dr Kim Embra* – Clinical Psychologist – Liverpool CAMHS *Dr Claire Barrie* – Clinical Psychologist – Liverpool CAMHS

### Wednesday 3rd Feb

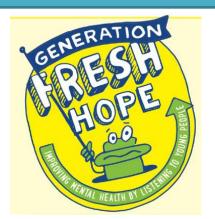
1:00 – 2:00 pm 'Can we Play Our Way Through this Corona Crisis?' (CPOW)

An intervention to support professionals working with preschool

and primary school age children and/or their parents.

Dr Karen Poole – Clinical Psychologist – Liverpool CAMHS

Jackie Lunt - Clinical Lead for Sefton Schools MHST



## **Thursday 4th Feb**

9.30 am – 12.30 pm Languages of Love (LOL)

Dr Karen Poole – Clinical Psychologist – Liverpool CAMHS

Jackie Lunt – Clinical Lead for Sefton Schools MHST

## **Friday 5th Feb**

9.30 - 11:00 am

Q and A panel – Thoughts from the Week.

Dr Michelle Taylor – Clinical Psychologist – Liverpool CAMHS

Jackie Lunt – Clinical Lead Sefton MHST

"There is a crack in Everything.
That's how the light gets in".

Leonard Cohen
Selected Poems 1956-68

**Bookings via email:** 

Nicola.Woolrich@alderhey.nhs.uk







### Early Years Consultation— What is it?

You are invited to attend an online webinar to find out more about what an Early Years

consultation with a Fresh CAMHS clinician involves.

All your concerns and questions answered.

Co hosted by fresh CAMHS Claire Barrie, Kelly Jennings and Claire Buckley & Anfield and Everton Children Centre Sharon Flynn and Ruth Scully.

- What do we mean by consultation?
- · What Should I bring to consultation?
- · What will happen in consultation?
- What will happen after the consultation?
- How do I get a consultation?
- What has other's experiences of consultation been?

When: Tuesday 26th January 2021 at 1-2.30pm

Please email claire.barrie@alderhey.nhs.uk;

kelly.Jennings@alderhey.nhs.uk or claire.buckley@alderhey.nhs.uk to book your place.