



School staff should:

- Seek advice through their wellbeing clinic or School MHST to determine the level of support needed
- Access free training at liverpoolcamhs.com/training
- Look for contributing factors - ACEs, SEND or children having caring responsibilities

School staff-led early identification and intervention activities such as:

- ROAR Secondary toolkit
- REACT Group
- Serious toolkit
- MHFA toolkit

EMHT support via:
 Psycho-education workshops for young people and/or carers

◀ MHL to consult with Wellbeing Practitioner on ways to support young person at school/home.

MHL to refer young person to wellbeing clinic or signpost to another service. ▶

Early intervention from external agencies in school and outside such as:

- Wellbeing clinic support
- MHST transition team support (yr 7)
- Bully Busters Helpline
- Kooth online counselling
- YPAS hub daily drop-ins
- Thrive groups (YPAS hubs)
- YC5 parent/carer group

◀ MHL can speak to young person/family and service around ways to support young person at school/home.

If young person needs to be stepped up MHL can speak to their wellbeing practitioner, complete an EMHT consultation request form or refer directly to Single Point of Access. MHL should consider raising an EHAT. ▶

Intervention from external agencies in school and outside such as:

- YPAS therapy service
- Clinical consultation from Senior Practitioner
- Kooth online counselling
- Spinning World – trauma based intervention (YPAS)
- YPAS Daily drop-in

High level intervention through CAMHS at Alder Hey Fresh CAMHS and in the community such as:

- Fresh CAMHS referral
- Crisis care line 24/7
- EDYS Alder Hey Eating Disorder Service